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| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | In het najaar van 2021 organiseert het EVV de nieuwe opleiding tot Vlaamse Otago instructeur.  Vlaamse kinesitherapeuten of bewegingswetenschappers worden opgeleid in het instrueren en begeleiden van het Vlaamse Otago oefenprogramma aan thuiswonende ouderen met als doel de spierkracht en het evenwicht te verbeteren en op die manier het aantal vallen te verminderen. Na het succesvol afronden van de opleiding, ontvangen de deelnemers een getuigschrift van erkende instructeur waarmee men toe kan treden tot het Vlaamse Otago netwerk en het Vlaamse oefenprogramma op zelfstandige basis aan thuiswonende ouderen kan geven.  Alle informatie omtrent de opleiding kan je terugvinden in het [programmaboekje](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=d028105b41&e=33cd8fe7ff). Inschrijven voor deze opleiding kan via: [Opleiding tot Vlaamse Otago instructeur | AccentVV](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=d12a82fdba&e=33cd8fe7ff). Let op: Het aantal inschrijvingen voor deze opleiding is beperkt!  Met vriendelijke groeten,   **Expertisecentrum Val- en fractuurpreventie Vlaanderen (EVV)**    Departement Maatschappelijke Gezondheidszorg en Eerstelijnszorg Academisch Centrum voor Verpleeg- en Vroedkunde (accentVV) Kapucijnenvoer 35 blok d - bus 7001 3000 LEUVEN tel.: +32 16 32 00 51 [expertisecentrum@valpreventie.be](mailto:expertisecentrum@valpreventie.be) [www.accentvv.be](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=abe1a4ebaa&e=33cd8fe7ff)         [www.valpreventie.be](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=3e87e9e29e&e=33cd8fe7ff)   **Wilt u ook wetenschappelijk onderzoek naar valpreventie ondersteunen?** [Klik dan hier](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=e7494a66a1&e=33cd8fe7ff)**!** | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=6a696a2a1e&e=33cd8fe7ff) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=d77d447742&e=33cd8fe7ff) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [LinkedIn](https://valpreventie.us12.list-manage.com/track/click?u=95bb6b1a7bb7b8a0d1c3ae972&id=ff749e1956&e=33cd8fe7ff) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Website](www.valpreventie.be) | | | | | | | | | | |