

CV **Margaretha (Margreet) van Dijk**

+ 32 498 740 240

Strijdelde 18, 3360 Korbeek-Lo

margaretha.vandijk@uzleuven.be

margreet_van_dijk@hotmail.com

Experience

2019 | - Country Member Representative IPTOP

International Association of Physical Therapists working with Older People (IPTOP) - a WCPT subgroup.

2018 | - PhD researcher

KU Leuven, Faber | Tervuursevest 101, 3001 Heverlee, Belgium

2014 | - Physical Therapist FN3, Geriatric rehabilitation

UZ Leuven, campus Pellenberg | Weligerveld 1, 3212 Pellenberg

2012 | - Co-promotor/research worker physical therapist master students

KU Leuven, Faber | Tervuursevest 101, 3001 Heverlee, Belgium

2005 | 2014 Physical Therapist FN2, Non Acquired Brain injuries rehabilitation

UZ Leuven, campus Pellenberg | Weligerveld 1, 3212 Pellenberg, Belgium

2001 | 2005 Physical Therapist Acute Geriatrics

UZ Leuven, campus GHB | Herestraat 49, 3000 Leuven, Belgium

2000 | 2001 Junior Physical Therapist, Neurological and Geriatric rehabilitation

West Park Rehabilitation Hospital | Park Road West, Wolverhampton WV1 4PW, UK

1999 | 2000 Junior physical Therapist, Acute Hospital

Addenbrooke's Hospital | Hills road, Cambridge CB2 0QQ, UK

1998 | 1999 Administration assistant

Wolters Kluwer | Diegem, Belgium

Education

1998 | Licentiaat Motorische Revalidatie en Kinesitherapie

KU Leuven Faber | Tervuursevest 101, 3001 Heverlee, Belgium

1995 | Geneeskunde, 3de kan

KU Leuven | Herestraat 49, 3000 Leuven, Belgium

1991 | VWO

Stedelijk Gymnasium | Schiedam, The Netherlands

Relevant Courses

May 2017 | 1000 reps a day: strategies to increase intensity in rehabilitation
Pre-congress course, WCPT congress Geneva, Swiss

July 2017 | Pushing our older people hard enough
Pre-congress course, WCPT congress Cape Town, South Africa

May 2015 | Older People
Pre-congress course, WCPT congress Singapore

Presentations at congresses and symposia

- Functional performance improvement after four weeks of GAPP (Geriatric Activation Program Pellenberg) for geriatric inpatients. Poster presentation, WCPT congress, 13 May 2019, Geneva, Swiss.
- Knowledge translation into practice: development of the Geriatric Activation Program Pellenberg. Poster presentation, BSNR Symposium, 17 November 2018 Leuven, Belgium
- Knowledge translation into practice: development of the Geriatric Activation Program Pellenberg, aimed to improve functional performance of geriatric inpatients. Poster presentation, EUGMS congress 12 October 2018, Berlin Germany
- Power to the frail. Workshop, Axxon congress, 21 September Brussels, Belgium.
- Geriatric activation program Pellenberg: Verbeteren patiënten die het GAPP programma volgen op de revalidatie afdeling geriatrie, campus Pellenberg? Platform/poster presentation, Symposium Veerkrachtig ouder worden, 9 December 2017, Leuven, Belgium
- Maximum voluntary weight shifts in sitting are reduced in non-ambulatory patients with stroke and significantly related with balance and trunk control. Platform presentation, WCPT congress July 2017 Cape Town, South Africa
- Reduced maximum voluntary weight shift in sitting in non-ambulatory patients with stroke is significantly related with trunk control and functional balance. Poster presentation, Neurorehabilitation and Neural Repair congress, May 2017 Maastricht, The Netherlands
- Intensiteit van training bij de geriatrische patiënt. Lecture, Wintermeeting, February 2017 Oostende, Belgium
- Are balance and gait related to diagonal and lateral weight shifts in ambulatory people post stroke? Poster presentation, ER-WCPT congress, November 2016 Liverpool, UK
- Diagonal and lateral COP displacements in people after stroke are more strongly correlated with community balance than basic balance. Poster presentation, Neurorehabilitation and Neural Repair congress, May 2015 Maastricht, The Netherlands
- Diagonal and lateral limits of stability post stroke show a significant relation with gait, balance and the risk of falling. Platform presentation, WCPT congress May 2015 Singapore

Publications

- Van Gils A, Meyer S, **Van Dijk M**, et al. The Adult Assisting Hand Assessment Stroke: Psychometric Properties of an Observation-Based Bimanual Upper Limb Performance Measurement. *Arch Phys Med Rehabil*. 2018;99(12):2513-2522. doi:10.1016/J.APMR.2018.04.025
- **van Dijk MM**, Meyer S, Sandstad S, Wiskerke E, Thuwis R, Vandekerckhove C, Ghosh N, Myny C, Dejaeger E, Beyens H, Verheyden G. A cross-sectional study comparing lateral and diagonal maximum weight shift in people with stroke and healthy controls and the correlation with balance, gait and fear of falling. *PLoS ONE*, 2017 12(8): e0183020. <https://doi.org/10.1371/journal.pone.0183020>
- Meyer S, De Bruyn N, Lafosse C, **Van Dijk M**, Michielsen M, Thijs L, Truyens V, Oostra K, Krumlinde-Sundholm L, Peeters A, Thijs V, Feys H, Verheyden G. Somatosensory impairments in the upper limb poststroke: Distribution and association with motor function and visuospatial neglect. *Neurorehabil Neural Repair*, 2016 sep:30(8):731-42
- **van Dijk M**, Sandstad S, Gosh N, Dejaeger E, Beyens H, Verheyden G. Abstract: Diagonal and lateral limits of stability post stroke show a significant relation with gait, balance and the risk of falling. *Physiotherapy*, 2015 may:101(1):1572-1573

Review <https://publons.com/a/1267974>

2017 Reviewed for Physiotherapy Research International

2017 Reviewed for Plos One

2017 Reviewed for Physiotherapy Research International

2017 Reviewed for Physiotherapy Research International

Teaching

- **Intensiteit van training bij de geriatrische patiënt.** Day course for physical therapists. KU Leuven: 19 April 2016, 8 October 2016, 17 April 2017
KULAC Kortrijk/Brugge: 9 December 2016, 2 Dec 2017
Scholing Randstad West Maassluis/Goes The Netherlands: 9 March 2017, 23 November 2017, May 2018, 6 December 2018, 18 April 2019, December 2019
UZ Leuven campus Pellenberg, May 2018, October 2018
- **Expert valpreventie bij ouderen.** Workshop meten is weten, workshop oefentherapie, 16 Oktober 2018, 17 oktober 2019 Leuven, Belgium.
- **CVA revalidatie voor verpleegkundigen.** Three day course for nurses. October 2017 UZLeuven, campus Pellenberg, Belgium

Skills

- IT | Word, Excel, PowerPoint
- Languages | Dutch, English, reasonable understanding of German

Received funding

€900.00 to attend the WCPT congress 2015 Singapore
HDMP, Lenniksebaan 451, 1070 Anderlecht